Wender Utah Rating Scale-25 (WURS-25)

For Office Use

Patient ID: _____ Return completed form to:_____

Today's Date: _____

Form Completed by: ◯ Patient ◯ Other (specify relationship to patient):_____

As a child I was (or had):	Not At All or Very Slightly	Mildly	Moderately	Quite a Bit	Very Much
1. Concentration problems, easily distracted	◯	◯	◯	◯	◯
2. Anxious, worrying	◯	◯	◯	◯	◯
3. Nervous, fidgety	◯	◯	◯	◯	◯
4. Inattentive, daydreaming	◯	◯	◯	◯	◯
5. Hot- or short-tempered, low boiling point	◯	◯	◯	◯	◯
6. Temper outbursts, tantrums	◯	◯	◯	◯	◯
7. Trouble with stick-to-it-tiveness, not following through, failing to finish things started	◯	◯	◯	◯	◯
8. Stubborn, strong-willed	◯	◯	◯	◯	◯
9. Sad or blue, depressed, unhappy	◯	◯	◯	◯	◯
10. Disobedient with parents, rebellious, sassy	◯	◯	◯	◯	◯
11. Low opinion of myself	◯	◯	◯	◯	◯
12. Irritable	◯	◯	◯	◯	◯
13. Moody, ups and downs	◯	◯	◯	◯	◯
14. Angry	◯	◯	◯	◯	◯
15. Acting without thinking, impulsive	◯	◯	◯	◯	◯
16. Tendency to be immature	◯	◯	◯	◯	◯
17. Guilty feelings, regretful	◯	◯	◯	◯	◯
18. Losing control of myself	◯	◯	◯	◯	◯
19. Tendency to be or act irrational	◯	◯	◯	◯	◯
20. Unpopular with other children, didn't keep friends for long, didn't get along with other children	◯	◯	◯	◯	◯
21. Trouble seeing things from someone else's point of view	◯	◯	◯	◯	◯
22. Trouble with authorities, trouble with school, visits to principal's office	◯	◯	◯	◯	◯
23. Overall a poor student, slow learner	◯	◯	◯	◯	◯
24. Trouble with mathematics or numbers	◯	◯	◯	◯	◯
25. Not achieving up to potential	◯	◯	◯	◯	◯
TOTAL SCORE 0					

Ward MF Wender PH Reimherr FW. The Wender Utah Rating Scale: An aid in the retrospective diagnosis of childhood Attention Deficit Hyperactivity Disorder. Am J Psychiatry. 1993; 150: 885-890